

## **Great Success with God's blessings.**

### **HFRI – Medical Internship Initiative (M.I.I.) Report**

I knew that HFRI M.I.I. will be of great value to premedical students but after completing this pilot project the obvious immediate satisfaction and joy is beyond imagination. Here is the short write up of the detailed activities.

Nine students from well known universities in USA joined this program at Ranchi, India on 2<sup>nd</sup> Jan 2016. The details of curriculum, safety instructions, diet, introduction of mentors, Dr. Hasmukh Shah, Sri Dinesh Modi, Dr. Veena S. Gandhi MD from USA, and Dr. Madjekar Bhatt, and Dr. Mukul Bhatia from India was done. The father of one of the students, Dr. Vivek Pradhan also joined us in the inauguration.

The next morning the program started with yoga from 7-8 AM learning different Asanas & Pranayama and their medical benefits, followed by the visit to village Gola in a comfortable school bus. The students had interesting welcome & informative interaction with the villagers, health sewikas and health sanogikas. They saw a general medical camp being held and how patients are treated for anemia and other ailments by the Ekal Arogya team.

In the evening students went to Ram Krishna Mission during arti, followed by a very inspiring lecture by Pt. Swamiji who spoke on "Harmony of Religions" and "How to express Divinity" within by different types yoga. I strongly feel that any learning efforts in any field are complete only under the umbrella of spirituality. Youth also seemed to be engrossed and imbibed a lot of Swamiji's talk.

On the 2<sup>nd</sup> day the students visited a big 200 bed private surgical hospital, where they saw laparoscopic cholecystectomy and got to go on round in ICU & CCU, with the basic principles taught and got lecture by a cardiac surgeon, nephrologist, neurologist and from a general surgeon & CEO of the hospital, Dr. Majid Alam.

The next four days Dr. Madhukar Bhatt (Pres, Ekal Arogya Chapter Ranchi and the main medical coordinator for HFRI MII) had organized a tour of different departments, internal medicine, general surgery, pediatrics, and preventive and community medicine in Ranchi Institute of Medical Science (RIMS – 1200 bed state hospital), an affiliate of AIMS in Delhi. To our blessings, all the heads of the departments introduced the respective subjects in very basic, understandable language for our 9 students, including showing patients in different wards with the interesting common tropical and infectious diseases in India & P.P. presentations of common diseases by post graduate students, were all extremely helpful to our students. They made visual and notes in writing.

Every evening again the students had lecture for 1-2 hours by leaders in medicine on Indian medical system and interesting subspecialties of medicine like oral-maxillary surgeries, understanding of community diseases, and some of the newer diseases like Dengue and Chicken guenia, comparing these with fever from typhoid, TB, etc. students also met with the director of RIMS Dr. Sherwal, who carried out good conversations with them and as happy to see them.

Now was the time to visit outreach small and medium size private hospitals named Shalini hospital (30 beds) and Modi Sewa Sadan(250 beds). Both the hospitals were very clean and very well managed. Shalini hospital had encouraged the family discount cards to attract the surrounding village population to come to the hospital for the medical help rather than following village witchcraft. Thus students got tremendous exposure to different medical facilities, different mindsets, and different economic structures for running the hospitals.

I cannot thank enough all these professionals and our coordinators who gave their love knowledge and wisdom to our 9 students. On the last day, we were blessed to visit Dr. Suresh Agarwal, who is an allopathic doctor with the keen interest in Ayurveda. His garden with ayurvedic plants, formulating and manufacturing ayurvedic medicines in his own house gave a new dimension to our students. They took a keen interest.

The students also got an opportunity to go to a dance party and a movie with medical students from RIMS.

The lodging, boarding and transportation worked out great. We only drank bottled water all the time. When these students sat for dining the whole hotel echoed with their laughter and joy.

Students did rock climbing for two afternoons, shopping for one evening (few hours) and private lunch and dinner on 4 occasions.

With the God's grace no one fell sick .

Dr. Hasmukh Shah and Sri Dinesh Modh jelled in so well in the whole arrangement that I think they were a God send. Dr. Mukul Bhatia and Dr. Madhuker Bhatt were on the top of all the arrangements and the necessary help. Sri Mattaji and Sri Bagraji took care of a student who needed help in Delhi.

Thus our first HFRI M.I.I. project was really blessed by that higher energy which made it an extremely worthwhile, rewarding trip for not only the 9 students but also for all the volunteers.

Now as our Ekal Charity shows are going to start soon in USA for 2016, we pray that we present our "Ekal Arogya" sector short DVD for the people's awareness and involvement.

Ultimately our goal is to help Ekal villages in every respect.

Please acknowledge this email and please write any suggestions or comments.

Thank you.

With regards & love,

Veena S. Gandhi MD

( Chair person -HFRI)

Also the below mentioned is some of the photographs for your reference







